



Looking after your sexual health is important during lockdown

Providers of sexual health services in Wigan have altered the way care is provided during the pandemic, but they are still open and are providing telephone appointments and consultations. *They may still be able to see you if you require urgent care.*

What do you need?	Which services can help?
<ul style="list-style-type: none"> Sexual health advice/guidance STI/HIV testing Pregnancy testing and support Contraception provision (For further information on contraception availability during the pandemic, please visit www.sexual-health.co.uk) 	<ul style="list-style-type: none"> Spectrum The Galleries Your GP Sullivan Way Sexual Health Clinic
<ul style="list-style-type: none"> The morning after pill 	<ul style="list-style-type: none"> Your local participating pharmacy (www.nhs.uk/service-search/find-a-pharmacy or www.healthierwigan.nhs.uk/find-your-nearest) Spectrum The Galleries Sullivan Way Sexual Health Clinic
<ul style="list-style-type: none"> Abortion services 	<ul style="list-style-type: none"> www.sexwise.fpa.org.uk unplanned-pregnancy or for abortion counselling and procedures ring Central Booking on 0345 365 0565
<ul style="list-style-type: none"> Post Exposure Prophylaxis (PEP) – if you think you are at risk of contracting HIV. 	<ul style="list-style-type: none"> Spectrum The Galleries
<ul style="list-style-type: none"> Condoms 	<ul style="list-style-type: none"> Pharmacies and supermarkets. 16-25 years olds – free condoms via Spectrum’s C-card scheme visit www.spectrumhealth.org.uk/services/sexual-health/c-card-registration
<ul style="list-style-type: none"> Other types of support e.g. Rape and/or sexual assault, HIV support, LGBTQ+, BAME, Young person, or other needs 	<ul style="list-style-type: none"> Rape and/or sexual assault: St Mary’s SARC (24 hours): 0161 276 6515 National Rape Crisis: 0808 802 9999 Spectrum, The Galleries Clinic 01942 483188

Please call on one of the numbers below and you will be added to a telephone consultation list, a Doctor or a Nurse will then call you back.

Walk in clinics are not operating at this time.

Spectrum Sexual Health Service, Wigan – The Galleries Clinic – 01942 483188
Sullivan Way Sexual Health Clinic, Wigan – 07974 490068

For advice and information visit www.sexual-health.co.uk